

The ANF CPE website provides its members with a FREE NMBA compliant professional development portfolio to log CPD activities and hours of participation.

NMBA Continuing Professional Development (CPD) registration standard

- All nurses and midwives must meet the continuing professional development (CPD) standards.
- This standard sets out the minimum requirements for CPD.
- CPD must be directly relevant to the nurse or midwife's context of practice.

This standard applies to registered and enrolled nurses, registered nurses endorsed as nurse practitioners, registered midwives, and registered midwives endorsed as midwife practitioners. It does not apply to students or nurses and midwives who have non-practising registration.

What is CPD?

Is the means by which members of the profession maintain, improve and broaden their knowledge, expertise and competence, and develop the personal and professional qualities required throughout their professional lives.

Requirements

Registered nurses and midwives must participate in at least 20 hours of CPD each year which is relevant to their area of practice.

Registered nurses and midwives who hold scheduled medicines endorsements or endorsements as nurse or midwife practitioners must complete at least 10 hours of CPD per year in education related to their endorsement. If CPD activities are relevant to both nursing and midwifery professions, those activities may be counted in each portfolio of professional development.

One hour of active learning will equal one hour of CPD.

CPD Guide
Registrations
Registered Nurse = 20 hours/year
Registered Midwife = 20 hours/year
Enrolled Nurse = 20hours/year
Plus Endorsements
RN –scheduled medicines = 10hours/year
RM–scheduled medicines = 10hours/year
Nurse Practitioner = 10 hours/year
Midwife Practitioner = 10 hours/year

The CPD must be relevant to the nurse or midwife's context of practice. These include:

1. Type of practice setting (e.g. healthcare agency, educational organisation, private practice);
2. Location of practice setting (e.g. urban, rural, remote);
3. The characteristics of patients or clients (e.g. health status, age, learning needs);
4. The focus of nursing and midwifery activities (e.g. health promotion, research, management);

Nurses and midwives must keep written documentation of CPD.

Documentation of self-directed CPD must include dates, a brief description of the outcomes, and the number of hours spent in each activity. All evidence should be verified.

It must demonstrate that the nurse or midwife has:

- a) Identified and prioritised their learning needs, based on an evaluation of their practice against the relevant competency or professional practice standards;
- b) Developed a learning plan based on identified learning needs;
- c) Participated in effective learning activities relevant to their learning needs; and
- d) Reflected on the value of the learning activities or the effect that participation will have on their practice.

Participation in mandatory skills acquisition may be counted as CPD.

What does an hour of active learning mean?

Without wishing to limit the examples, active learning may include:

- Undertaking relevant online or distance education
- Reflecting on feedback, keeping a practice journal
- Acting as a preceptor/mentor/tutor
- Participating on accreditation, audit or quality improvement committees
- Undertaking supervised practice for skills development
- Participating in clinical audits, critical incident monitoring, case reviews and clinical meetings
- Participating in a professional reading and discussion group
- Developing skills in IT, numeracy, communications, improving own performance, problem solving and working with others
- Writing or reviewing educational materials, journal articles, books
- Active membership of professional groups and committees
- Reading professional journals or books

- Writing for publication
- Developing policy, protocols or guidelines
- Working with a mentor to improve practice
- Presenting at or attending workplace education, in- service sessions or skills workshops
- Undertaking undergraduate or postgraduate studies which are of relevance to the context of practice
- Presenting at or attending conferences, lectures, seminars or professional meetings
- Conducting or contributing to research

The following link will take you to the NMBA competency standards for the Nurse Practitioner, the Registered Nurse, the Enrolled Nurse and the Registered Midwife.

<http://www.ahpra.gov.au/Search.aspx?q=competency%20standards>

This link will take you to the competency standards for the Advanced Registered Nurse, the Advanced Enrolled Nurse and for nurses in General Practice.

http://www.anf.org.au/html/publications_compstandards.html

The following link will take you to a fact sheet on the NMBA website on frequently asked questions.

<http://www.nursingmidwiferyboard.gov.au/FAQ-and-Fact-Sheets.aspx>